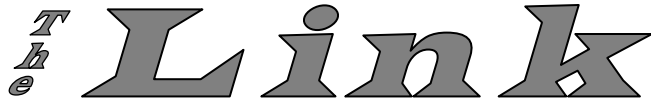


Shiocton Schools
"Where Excellence is Expected."

SHIOCTON SCHOOL DISTRICT
PO BOX 68
SHIOCTON WI 54170-0068



School District of Shiocton

Newsletter Connecting Home, School, and Community

K4/K5 Orientation Coming Up

by Kim Griesbach

K4 and K5 Orientation will take place in May. The orientation is for parents/guardians who have children entering four-year-old kindergarten or five-year-old kindergarten next year. Adults will receive general information about the school and the K4 and K5 programs, while their children visit the classrooms. Afterward there will be an opportunity for the adults and children to take a short bus ride. The orientation will last about an hour and a half. Parents/guardians have two dates to choose from:

- **May 17** K4 parents are to drop their children off in the K4 classroom (E115) at 1:15 p.m., and then report to the cafeteria. K5 students and parents are to meet in the cafeteria at 1:30 p.m.
- **May 24** K4 parents are to drop their children off in the K4 classroom (E115) at 8:30 a.m., and then report to the cafeteria. K5 students and parents are to meet in the cafeteria at 8:45 a.m.

If you have not already registered, please call the elementary office at 986-3351 ext. 721.

Spring for Shiocton Fundraiser

On Friday, May 3, Shiocton Schools will be having a fundraiser, *Spring for Shiocton*, to raise money for the AED Committee for supplies for CPR classes, maintenance of the AEDs, etc.; the AODA board for speakers, Post-Prom, community and school projects that inhibit underage drinking and risky behaviors, etc.; and the Shiocton Scholarship Fund. Students have collected pledges and will be walking, jogging, or dancing around the track for a one-hour period.



Piano and Guitar Recitals

in the cafeteria

Friday, May 3
6:30 p.m.

Saturday, May 4
10:30 a.m.
1:00 p.m.
4:30 p.m.

Quiz Bowl Team to Attend Nationals *by Wendy Hartman*

By winning the Central Wisconsin Conference championship, the Quiz Bowl A team earned the right to compete in the 2013 National Academic Championship in Chicago on June 8-10. The team is guaranteed at least six matches, and winning four of the six matches assures them a spot in the finals, which will be held on Monday, June 10. The Shiocton team will also be competing for additional recognition in the Small School Division.

Back row (left to right): Dominic Gunderson and Dan Erickson. Front row: David McNichols, Andrew Louis, Nick Van Dyke, and Jacob Redmann. Not pictured: Brett Moxon.



School District of Shiocton

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www.silacharter.com

CHRIS L. VANDERHEYDEN
Superintendent

KELLY ZEINERT
High School and SILA Principal

KIM M. GRIESBACH
Elementary/Middle School Principal

DENISE GUEx
Business Manager

School Board

President: Bradley Ritchie
Town of Ellington

Vice-President: Melissa Van Dyke
Town of Bovina

Clerk: David Gomm
Village of Shiocton

Treasurer: Mary Hoffman
Town of Bovina

Member: Raymond Gomm
Town of Maine

Member: Gregory Schoettler
Town of Bovina

Member: Jeremie Birch
Town of Ellington

All residents of the school district are welcome to attend board meetings to keep informed on school issues or to voice any concerns they may have.

The Link is published monthly, from September through June, and can be viewed at www.shiocton.k12.wi.us. If you do not have Internet access, you may request a copy by mail by calling (920) 986-3351 ext. 517. Submit any articles for publication by mail to the school address or by e-mail to: thelink@shiocton.k12.wi.us.

Editors:
Shelley Podell, Sue Hill,
Kurt Wismer

Student Editor:
Emily Kelly

Hello, Shiocton Parents and Community Members!

Shiocton School Satisfaction Survey

On the **back page of this issue** of *The Link*, you will find a Shiocton School Satisfaction survey. We would like some input from you regarding the work we do here at Shiocton Schools. Your comments will help guide us in our ongoing efforts at doing our very best work. By sharing your concerns, ideas, thoughts, as well as compliments, you will help us to continue to offer excellent services to you and your children.

I want to emphasize including any instances where a staff member has gone above and beyond to make school a special place for you and/or your children. Our administrative team will review and discuss the results of this survey and all comments. All of your feedback, positive or not, is valuable to us in this process.

Please return the surveys to any school office by Friday, May 17. Thanks!

Volunteer Appreciation

We would have a difficult time meeting the needs of all our students without the help of many dedicated volunteers. Our classroom teachers generally take care of showing their appreciation for those folks who assist them on a regular basis, but I wanted to say "Thanks!" to all of you who give of your time so that our students can have the opportunity to truly rise to their potential.

THANK YOU, VOLUNTEERS!

Staff Appreciation Week

During the first week of May, I hope you will join me in sharing a token of appreciation for the many people that it takes to run the School District of Shiocton. Any positive snippets that we can share will go a long way towards refreshing people's attitudes and reminding them that their efforts are appreciated.

Enjoy the beautiful spring weather! See you around!

Chris L. VanderHeyden
Superintendent

Please visit the district website at:

<http://www.shiocton.k12.wi.us/>

Do YOU Owe Money to the School Library for a Lost or Damaged Book?

Pay for the item with a donation of food! Food donations will be accepted May 6-31 in the LMC. Here are the rules:

- Donate one food item for every \$1 owed.
- All food items must have labels and/or packaging intact.
- Food cannot be past the package expiration date.
- The library staff has the final say on any food donation.
- No refunds will be given for items found and paid for with food.



Shiocton Summer Sports Opening Week Meetings

All meetings will be held at Shiocton Lake Park starting at 5:30 p.m. Shiocton Summer Sports encourages all players and parents to attend for great information that will help throughout the season!

T-ball	May 20
Softball	May 21
Little League	May 22



Bellin Health to Give Sports Physicals at Shiocton High

by Nick Senger, Athletic Director

In order for students to participate in co-curricular athletics, they need a physical every other year. We recommend that your child take advantage of the physical offered by Bellin Health. New this year, Bellin Health will be giving the physicals at Shiocton High School on Tuesday, May 21, from 8:00 a.m. to 12:00 noon.

Please have your son or daughter sign up with Jackie Hermann in the high school office to take advantage of this pre-participation physical. They will need the medical history portion of the physical form (available on the school website or in the high school office) completed and your signature on the form, a permission slip, and the \$20 fee (cash or check payable to Bellin) turned in at the time of scheduling their appointment. **All completed paperwork and the \$20 fee must be turned in to the high school office by Thursday, May 16.** There are a limited number of appointment spots available, and they will be filled on a first-come, first-serve basis.

The money that Bellin collects is then given back to our school. In addition, Bellin Health will be offering a voucher to every athlete that participates to have a free EKG performed.

The above information, along with a permission slip, has been sent to parents of students needing physicals. If you have any questions, please contact me at (920) 986-3351 ext. 731.

Lunch Account Reminder

Parents/Guardians: Please remember that all lunch accounts need to be paid in full at the end of the school year. All positive balances will carry over to the 2013-14 school year. The Skylert Automated System and/or e-mail notifies families of their current account balance. If you have any questions, please call (920) 986-3351 ext. 796 or e-mail me at ddanke@shiocton.k12.wi.us.



Parents of graduating seniors: If your family lunch account has a negative balance, **the account must be paid in full prior to senior checkout** even if a sibling shares the account.

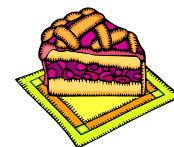
You're Invited — 15th Annual Pie Social

Who: Any senior citizen

When: Wednesday, May 15 1:00-2:30 p.m.

Where: Cafeteria

What: Pie, coffee, water or milk, Bingo, 7th grade entertainment, raffle prizes, and a great time!



RSVP: Please call Jackie Murphy, school secretary, at (920) 986-3351 ext. 721 if you plan on attending.

We hope to see you there!

Sincerely, The 7th graders at Shiocton Middle School

Thanks from the Spring for Shiocton Committee



A great big **THANK YOU!** to all of the parents, family, and friends of *Spring for Shiocton* participants. Your donations of money, stamps, and time are so appreciated! Hopefully the weather will warm up by May 3. We also want to thank you for your patience — we have had some glitches along the way. We have had many student letters turned in and it is very easy to accidentally mail out duplicates. We tried to catch that, but didn't always succeed! We are so excited about actually getting out on the track and running/jogging/dancing/walking for such good causes. How fortunate we are to have such great support from our Shiocton family and friends!

Wrestling Club Hosts Golf Outing

Saturday, June 15

Shamrock Heights Golf Course, New London

7:45-8:45 a.m. registration — 9:00 a.m. start

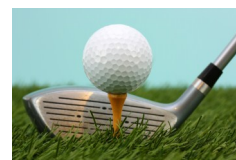
\$55 per person — Numerous hole/door prizes

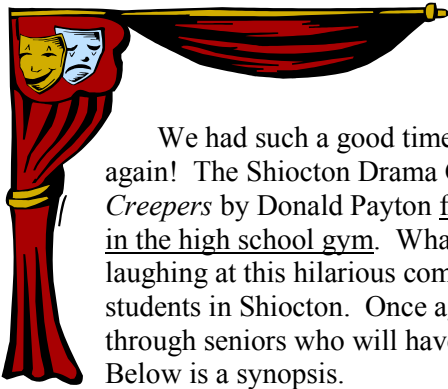
Chicken dinner to follow at the River Rail

Entries due June 1

Send team name and four participant names with check to:

Barry Moravec
N4613 Mayflower Road
Black Creek, WI 54106





Drama Group Presents *Finders Creepers*

We had such a good time last time, so we decided to try this again! The Shiocton Drama Club will be presenting *Finders Creepers* by Donald Payton for one night only on May 4, at 6:30 p.m. in the high school gym. What a great way to start the summer by laughing at this hilarious comedy performed by some of the funniest students in Shiocton. Once again we have a great cast of freshmen through seniors who will have you laughing from the opening scene. Below is a synopsis.

Hercules Nelson's aunt and uncle invite Hercules and his best friend, Lucas, to spend the weekend with them. With suitcases in hand, the boys arrive at Uncle Bob's to discover that Uncle Bob is a MORTICIAN and there's a funeral scheduled Monday. Well, it's not long before things start happening in ways that would put most brave men to flight. For one thing, the corpse walks, reads the paper, and climbs into bed with Hercules. He gallivants around in a most uncorpus delecti fashion! Needless to say, the boys are terrified until they find out that Mr. Quigley, the corpse, isn't really dead. Someone tried to knock him off while he was sleeping so he devised a plan: he'd make his family think he was dead, then show up at his own funeral and trap the guilty party. No doubt Mr. Quigley had a good plan and no doubt things would have ended peacefully, but there are two things he failed to consider . . . Lucas Maxwell and Hercules Nelson. Fortunately, they all escape with their hides, but not before one of the wildest finishes ever!

Please come out on this evening and enjoy all the hard work these students have put in. The cost is \$5 for adults and \$2 for students. Pre-school children are free. Look for posters in early May for all the details.

The Cast:

Lucas	Forest Nett
Hercules	Asa Nett
Celeste	Cheyenne Ver Voort
Nicholle	Cierra Puls
Stevie	Mckenzie Calder
Aunt Mary	Leah Wagner
Uncle Bob	Elias Dean
Granny	Heidi Besch
Mr. Quigley	Amos Huse
Dr. Brown	Dr. Bradd Yenor
Madeline	Alexandria Wolff
Harry	Alexia Beecher
Daphne	Veronica Calderon
Claude	Max Beecher
Henry	Naqeeb Ullah

Sound/light set and make-up:

Harley Krause, Lucas Steinbach, Dallas Rihm. Special thanks to Michael Twombly for sound help.



NEW RECORD in Paper Recyclable Fundraiser for the Middle School!

by Tim Huebner

The March fundraiser drive broke all previous records. We recorded the titanic amount of 12.29 tons! That was a full dumpster every day of the drive. I would like to thank all in the community for their help and support.

We still have one more drive this school year. To help, please consider dropping off your paper recyclables in the large dumpster behind the school at the back of the parking lot anytime from



Monday, June 3, to Thursday, June 6

Dates for next year will be announced shortly, but plan on an early September date for the first drive. If you have any questions, call me at (920) 986-3351 ext. 739.

When: Monday, June 3, to Thursday, June 6
Where: The large dumpster behind the school
What: Any paper recyclables (cardboard, newspapers, junk mail, or any paper item)



Seventh Grader Wins First Place in Chess Tournament

Lucas Radtke, a seventh grader, took first place at the United States Chess Federation SuperNational V. He competed April 5-7 in Nashville, Tennessee, in the individual K-9 Unrated division.

Congratulations, Lucas!



Principal's Report

As we approach the end of the school year, the days seem to be flying by. Hopefully, spring will come sooner rather than later and winter will finally be behind us.

Scheduling for next year will take place soon (see Mrs. Uelmen's article for dates and times for each grade). Students who do not attend scheduling will have their classes picked for them. If you have any questions concerning scheduling, please contact Mrs. Uelmen at (920) 986-3351 ext. 762.

Graduation is quickly approaching and seniors have already started a daily countdown. The last full week of school for seniors will be the week of May 27. They will take finals on Tuesday and Wednesday, May 28 and 29. Senior Supper will be that Wednesday night at the River View Banquet Hall at 6:00 p.m. On Friday, May 31, seniors will take part in the annual canoe trip on the Wolf River. Graduation will be Sunday, June 2, at 1:00 p.m. in the high school gym.

The rest of the high school will take their finals on June 6 (hours 1-4) and June 7 (hours 5-8). Final exam days are not full days. Students are able to leave after the completion of their last final. Students who would like to stay at school on June 6 need to be in a designated study area. If you have any questions concerning the finals schedule, please contact the high school office.

As always, if you have any questions or concerns, please feel free to call me at (920) 986-3351 ext. 751.

Kelly Zeinert

Future Business Leaders Go to State

In April, Brett Vander Wielen, Samantha Bain, and Hayley Vandenboom went to State FBLA in Wisconsin Dells to compete in E-Business with the creation of a business website. They took fifth place overall. This is a significant feat, which they expect to continue to excel with in the future. Daphne Potter and Emily Kelly also attended State FBLA to take part in Project Lead, where only a select number of FBLA members are chosen to take part in a four-hour leadership lab. They participated in group activities and learned about how to become a better leader and person. Along with the workshops and competitive events there were also tours, a speaker, and a hypnotist. The FBLA members represented Shiocton High School well and had a great time.



Counselor's News

Appointments for **2013-14 high school registration** may be made beginning May 2. Students may come to the pupil services office before or after school to sign up, or parents may call Mrs. Boelter at (920) 986-3351 ext. 713 or Mrs. Uelmen at ext. 762. Students' schedules will be done for them if a student/parent fails to schedule an appointment. This may prevent students from getting the courses they want. Appointment dates are listed below. Times are 8:00 a.m.-5:00 p.m. unless otherwise noted.

Seniors	June 4-6 3:00-7:00 p.m. June 10-11
Juniors	June 12-14 and 17-19
Sophomores	June 20-21 and 24-25
Freshmen	June 26-28 and July 1-3

Mrs. Uelmen will be administering **AP exams** in May. Dates are as follows:

- AP Chemistry: May 6 8:00 a.m.
- AP Calculus: May 8 8:00 a.m.
- AP Statistics: May 10 12:00 noon
- AP Biology: May 13 8:00 a.m.

Senior Awards Program

Seniors and parents: Please mark Wednesday, May 22, on your calendars for the Senior Awards Program. Ask off work ahead of time to be sure you have that night open. Athletic awards, department awards, and special awards, as well as scholarship awards, will be given out at that program. PLEASE plan to attend.



SENIOR CLASS OF 2013

GRADUATION CEREMONY: SUNDAY, JUNE 2, AT 1:00 P.M. IN THE HIGH SCHOOL GYM

CO-VALEDICTORIANS:

NICK VAN DYKE

SON OF MATTHEW & MELISSA VAN DYKE

HALEY EHRLE

DAUGHTER OF GREG & FAITH EHRLE



SALUTATORIAN:

JACOB REDMANN

SON OF DAVID & SARA REDMANN

ANTHONY ABEL

TREVOR BARTH

DANIEL BLANCO SAA

VERONICA BRICK

JOHANNA CHIZEK

NICOLE CLEMENT *

AMBER COLLAR

MITCHELL COLLAR *

ASHLYN CONRADT

MACKENZIE CONRADT *

PAUL CRUZ, JR.

MOLLY DAEMMRICH

JACOB DAHLKE

LEVI DAY

ELIAS DEAN

ANNA DEPNER

KARISSA DURHAM *

HALEY EHRLE *

DANIEL ERICKSON *

COURTNEY FUSS

JOSUE GONZALEZ

NATALIE GUYETTE *

AUSTIN HERMANN

BRIAN HORTON II

AMOS HUSE

JOHN JOHNSON

SHANE KANAMAN *

KALYNN KRAUSE

KALI KRULL

PAIGE KRUSE

LOGAN MAJERUS *



BRETT MOXON

FOREST NETT

VOJTECH PAVLISKA *

HOLLY PINGEL

ALICIA PULS

JACOB REDMANN *

ZECHARIAH RIEHL

BENJAMIN ROCHON

CODY ROSS

ISSIE SANCHEZ

BAYLYNN SCHOAFF

ERIN SCHROTH *

LEVI SINGLER *

BRANDON SMITH

TYLER SOMMERFELD

SYDNEY ST. CLAIR

MICHELLE STILEN

CODY STOCKWELL

ALEXANDER TARLTON

BRENT TRAXLER

NAQEEB ULLAH *

RILEY VAN ASTEN

ASHLEY VAN DEN BOSCH *

NICHOLAS VAN DYKE *

EMILY WIESER

CODY WITZEL

ALEXANDRIA WOLFF *

IREM YENISOLAK

ADRIANA ZIEMER

* High Honors

Wrestling Awards

First Year Letter Winners:

Henry Fielding
Mason Gomm
Adam Miller
Mitchell Nackers
Omar Cervantes

Second Year Letter Winners:

Garrett Beyer
Garrett Gunderson
Austin Riehl
Jordan Collar

Third Year Letter Winners:

Danny Erickson
Dominic Gunderson

Fourth Year Letter Winners:

Jacob Dahlke
Zech Riehl

Captains:

Zech Riehl
Jacob Dahlke
Danny Erickson



Most Valuable Wrestler
Zech Riehl

Most Improved Wrestler
Mitchell Nackers

*Coaches Award
Intensity/Competitor*
Danny Erickson

Most Valuable Wrestler
Austin Riehl

Character/Leadership
Dominic Gunderson

Most Pins
Zech Riehl (22)

Most Valuable Wrestler
Henry Fielding

Basketball Awards

Girls Basketball:

Coaches Award: Erin Schroth
Most Improved: Dallas Stelter
Honorable Mention All-Conference: Jonalee Elliott

Boys Basketball:

Most Valuable Player: Shane Kanaman,
Riley Van Asten, and Patrick Brouillard
Coaches Award: Forest Nett
1st Team All-Conference: Riley Van Asten
and Shane Kanaman
Honorable Mention All-Conference: Talon Heinemeyer
and Patrick Brouillard



School Board Meeting Summaries

March 18, 2013

Attendance: **Board members** — David Gomm, Raymond Gomm, Mary Hoffman, Bradley Ritchie, Gregory Schoettler, Melissa Van Dyke.

Others — Chris VanderHeyden, Denise Guex, Kelly Zeinert, Kim Griesbach, and 83 others.

The board voted to:

- Move the April board meeting dates to the 8th and the 22nd.
- Discontinue the Charter School Agreement with SILA at the end of the 2012-13 school year. Motion carried on a roll call vote (5-0) with David Gomm abstaining from the vote.

In other discussion:

- Technology Plan — tabled.
- Visioning Process follow-up.
- Town Hall meeting follow-up.
- The following people spoke regarding the SILA Charter School and the pending decision to discontinue: Glen Bunnell, Darla Barker, Cynthia Herb, Tim Baeten, Paul Cruz, Koni Cruz, Julie Fischer, Nicole Luedtke, Kim Brick, Klaudia Fuss, Natalie Guyette, Cassie Schuh, Kim Wagner, Michael Fuss, and Sally Ritchie.

Board reports:

- Raymond Gomm reported on CESA 6.
- Raymond Gomm and Gregory Schoettler reported on Day at the Capitol.

Administration reports:

- Mrs. Griesbach: Elementary update.
- Mrs. Zeinert: Quiz Bowl and Future Business Leaders of America State-bound students.
- Mrs. Guex: Business office update.
- Mr. VanderHeyden: Legislative Breakfast update.

Closed session: To discuss Employee Negotiated Benefit (LTC) and employment matters regarding 2013-14 staffing. David Gomm excused himself from the closed session due to conflict of interest.

April 8, 2013

Attendance: **Board members** — David Gomm, Raymond Gomm, Bradley Ritchie, Gregory Schoettler, Melissa Van Dyke. **Others** — Chris VanderHeyden, Denise Guex, Kelly Zeinert, Kim Griesbach, Caitlin Majerus, Angela Hammill, Jeremie Birch, Bob and Terri Brouillard, and Beth Bloedorn.

Presentation: Angela Hammill spoke about the District Homeless Student Report.

The board voted to:

- Approve the 66.0301 Agreement with the School District of Manawa for school psychologist services.
- Approve the 2013 Summer School courses as presented.
- Approve the OPEB Trust Plan staying with the current Model 3 as presented.
- Approve the 2013-14 District Fee Schedule as presented.
- Accept the retirement of Mik Newlin from his high school social studies teaching position as well as Pep Club advisor.
- Accept the resignation of Dave Klemp from his JV boys basketball coaching position.
- Accept the resignation of Elizabeth Schneider from her JV girls basketball coaching position.
- Accept the resignation of Michelle Sixel from her varsity girls basketball coaching position.

In other discussion:

- Visioning Process update.
- Technology Plan — second reading.
- Employee Long Term Care Policy.
- District Bullying Policy.

Board comment: Questions were answered regarding internal job postings and severe weather procedures.

Administration reports:

- Mrs. Griesbach: Summer School registration and Severe Weather Awareness Week.
- Mrs. Zeinert: Forensic competition update and Prom.
- Mrs. Guex: WASBO Conference.
- Mr. VanderHeyden: Health Care and State Budget updates.

Closed session: To discuss Employee Negotiated Benefits, early graduation, and staffing for 2013-14.

April 22, 2013

Attendance: **Board members** — Jeremie Birch, David Gomm, Raymond Gomm, Mary Hoffman, Bradley Ritchie, Gregory Schoettler, Melissa Van Dyke. **Others** — Chris VanderHeyden; Donna Morris; Wendy Hartman; Kurt Wismer; Johanna Funk; Samantha and Michelle Bain; Hayley, Wendy, and Wade Vandenboom; Logan and Penny Cummings; Lynn and Brett Vander Wielen; Elizabeth Schneider; David McNichols; Dan Erickson; Nick Van Dyke; Dominic Gunderson; Sadie O'Brien; and Beth Bloedorn.

Election of officers:

- The oath of office was administered by David Gomm, and the election documents were signed by three newly elected board members, Jeremie Birch, Bradley Ritchie, and Melissa Van Dyke.

- Bradley Ritchie was elected as president.
- Melissa Van Dyke was elected as vice-president.
- Mary Hoffman was elected as treasurer.
- David Gomm was elected as clerk.

Moment of Merit: Quiz Bowl, Forensics, and FBLA State participants were recognized and congratulated by the Board of Education.

Presentation: The State finalists for Forensics performed their “Group Interpretation” for the board.

The board voted to:

- Use the *Advertiser Community News* as the school’s official newspaper.
- Elect Raymond Gomm as the CESA 6 delegate.
- Elect Raymond Gomm as the WASB delegate.
- Elect Bradley Ritchie as the alternate WASB delegate.
- Approve First National Bank as the official school depository and to also include the Local Government Investment Pool, BMO Harris, and Associated Banks for investment purposes.
- Approve Bob Sorenson as our local attorney and utilize WASB, Quarles & Brady, and Davis & Kuelthau as needed.
- Appoint Board Committees as follows:

SEA Negotiation Committee: Gregory Schoettler, Mary Hoffman, and Bradley Ritchie.

SESP Negotiation Committee: Melissa Van Dyke, David Gomm, and Gregory Schoettler.

Policy Committee: Jeremie Birch and Mary Hoffman.

Finance Committee: Jeremie Birch, Mary Hoffman, and Gregory Schoettler.

Marketing Committee: Bradley Ritchie, David Gomm, and Raymond Gomm.

Safety Committee: David Gomm and Gregory Schoettler.

Co-Curricular Representative: Bradley Ritchie

- Approve the Technology Plan as presented. Members of the Technology Committee were in attendance to review the plan and conduct a question/answer period.
- Approve the discontinuation of Long Term Care Benefits for district employees.
- Accept the retirement request of Rosemary Stilen from her paraprofessional position.
- Accept the retirement request of Roberta Ligocki from her Business Education teaching position.
- Accept the resignation of Angela Hammill from her shared MS Student Council advisor position.
- Accept the resignation of Angela Hammill from her SWAT advisor position.
- Accept the resignation of Rhonda Uelmen from her shared MS Student Council advisor position.
- Hire Elizabeth Schneider to fill the position of Pep Club advisor.
- Approve the NEOLA policy updates as presented.

Dear Parents of the Shiocton Schools:

This year, we need your help to make sure all of our students are fully prepared for academic success. We all know that hungry children have a more difficult time doing their best work. That’s why we encourage all students to begin the school day with a nutritious breakfast.

The **School Breakfast Program** is available for purchase to all students every weekday morning. You do not have to register your child in advance. Your child can eat breakfast at school every day or only occasionally. School breakfast makes good sense – it provides ¼ of your child’s nutritional needs, meets Dietary Guideline recommendations, and offers children a chance to eat breakfast with their friends.

School Breakfast is an ideal solution on busy mornings when kids are running late or parents have to be at work early. Whatever the reason, if breakfast at home is not convenient, please have your child take advantage of breakfast here at school.

Thank you for helping us to make sure that all of our students start the school day alert, well fed, and ready to learn.

Sincerely,

Debbra Danke, Food Service Director

In other discussion:

- Visioning Process follow-up.

Board reports:

- Raymond Gomm reviewed information from the Legislative Breakfast and commented that the mayor of Green Bay is now supporting the Governor’s School Voucher proposal.
- Bradley Ritchie shared information regarding a letter of request to attend Senior Awards Night and the selection process to choose the recipient for the Board Scholarship. Formal review and selection will be done at the next meeting.

Administration reports:

- Mrs. Griesbach: Excused. Submitted written report on PALS K5 Spring Assessment, mid-quarter, and Staff Appreciation Week activities.
- Mrs. Zeinert: Excused.
- Mrs. Guex: Excused.
- Mr. VanderHeyden: CESA 6 meeting and calendar items.

Closed session: To formally approve preliminary notices of non-renewals/reductions of contracts.

- A hearing was conducted as requested by a staff member.
- Approved the preliminary notices of non-renewals/reductions of contracts as presented.

May Calendar of Events

- 2 Thu HS Golf hosted by Marathon (Pine Valley Golf Course) — 11:00 am
Varsity Baseball at Iola-Scandinavia — 4:30 pm
Varsity Softball at Iola-Scandinavia (double header) — 4:30 pm
JV Softball at home vs. Iola-Scandinavia (double header) — 4:30 pm
Grade 5 Conservation Speaking Contest in the cafeteria — 7:00 pm
- 3 Fri *Spring for Shiocton* fundraiser
HS Golf hosted by Hilbert (High Cliff Golf Course) — 3:30 pm
Varsity Softball at Clintonville — 4:45 pm
Piano/Guitar Recitals in the cafeteria — 6:30 pm
- 4 Sat Varsity Baseball at home vs. Oshkosh Lourdes/Wild Rose — 10:00 am/2:30 pm
Piano/Guitar Recitals in the cafeteria — 10:30 am, 1:00 pm, 4:30 pm
Drama Club presents *Finders Creepers* in the HS gym — 6:30 pm
- 6 Mon HS Golf hosted by Pacelli (Stevens Point Country Club) — 3:30 pm
HS Track at Weyauwega-Fremont — 3:45 pm
JV Softball at Pacelli (Zenoff Park) — 4:00 pm
Varsity Baseball/Softball at home vs. Pacelli — 4:30 pm
School Board meeting in the LMC — 6:30 pm
- 6-10 M-F Staff Appreciation Week
- 6-31 Pay for lost/damaged school library books with food donations in the LMC (see page 2)
- 7 Tue HS Golf hosted by Sevastopol (Horseshoe Bay) — 12:00 noon
MS Track at Manawa — 4:00 pm
Varsity Baseball at Bonduel — 4:30 pm
Varsity Softball at Bonduel — 5:30 pm
National Honor Society Induction Ceremony and Banquet at the River View Banquet Hall — 6:00 pm
- 8 Wed Market Day pick-up in the cafeteria — 3:00-4:00 pm
SPICE meeting at the River Rail — 6:15 pm
- 9 Thu HS Golf Shiocton Invitational (Eagle Creek) — 10:00 am
MS Track at Wittenberg-Birnamwood — 4:00 pm
Varsity Baseball/Softball at Amherst — 4:30 pm
- 10 Fri Varsity Baseball/Softball at home vs. Amherst — 4:00 pm
JV Softball at home vs. Appleton North — 4:00 pm
HS Band/Choir Showcase in the HS gym — 7:00 pm
- 11 Sat HS Track CWC Conference Meet at Manawa — 10:00 am (rain date May 13, 4:00 pm)
JV Baseball at home vs. Iola-Scandinavia (double header) — 10:00 am
- 13 Mon Grade 5 G/T College Day for Kids at UW-Oshkosh — 7:00 am-3:00 pm
JV Softball at Appleton North — 4:30 pm
Varsity Baseball/Softball at home vs. Wittenberg-Birnamwood — 5:00 pm
- 14 Tue MS Band/Choir in-school concert in the HS gym — 1:45 pm
HS Track at home — 4:00 pm
Varsity Softball at home vs. Stockbridge — 4:30 pm
- 15 Wed **The Link** — Deadline for submitting articles for the June issue
Grade 4 field trip to Madison — 8:00 am-5:00 pm
- 16 Thu Paperwork and fee due for Bellin Health sports physicals
MS Choir to sing national anthem at the Timber Rattlers game
HS Golf Conference Meet (Foxfire) — 9:00 am
Senior Citizens Pie Social hosted by grade 7 in the cafeteria — 1:00 pm
MS Track at Bowler/Gresham — 4:00 pm
Varsity Baseball at home vs. Bonduel — 4:30 pm
JV Baseball at Bonduel — 4:30 pm
- 17 Fri K4 and K5 Orientation — see front page for details
Grade 3 field trip to Navarino Nature Center — 9:00 am-2:30 pm
- 18 Sat JV/Varsity Baseball at Pardeeville — 11:15 am and 2:00/5:00 pm
- 20 Mon Grade 1 field trip to Xavier High School and Barlow Planetarium — 8:30 am-2:30 pm
JV Baseball at home vs. Amherst — 4:30 pm
Summer Sports T-ball meeting at Lake Park — 5:30 pm
School Board meeting in the LMC — 6:30 pm





Spring Sports

Regionals/ Sectionals/State



Track
May 20/23/May 31, June 1

Golf
May 21, 22/28, 29/June 3, 4

Softball
May 16, 21, 23/28, 30/
June 6, 7, 8

Baseball
May 24, 28, 29/June 4/
June 11, 12, 13




May Calendar continued

21	Tue	Bellin Health sports physicals in the HS — 8:00 am-12:00 noon Track and Field Day (grades 4-6) — 8:30-11:00 am (rain date May 23) Varsity Baseball at Gibraltar — 4:30 pm Summer Sports softball meeting at Lake Park — 5:30 pm
22	Wed	Summer Sports little league meeting at Lake Park — 5:30 pm Senior Awards program in the cafeteria — 7:00 pm
24	Fri	K4 and K5 Orientation — see front page for details
27	Mon	No School — Memorial Day — Band plays at St. Denis Town of Bovina Cemetery — 10:30 am
28/29	T/W	Senior finals
29	Wed	K5 field trip to the NEW Zoo — 8:10 am-2:45 pm Senior Supper at River View Banquet Hall — 6:00 pm

Coming Up in June

1	Shiocton Family Night at the Timber Rattlers — 6:35 pm
2	HS Graduation — 1:00 pm
3-6	Paper recycling fundraiser
6-7	HS final exams
7	Talent Show Last day of school — 12:10 pm dismissal
10	First day of summer school
28	Last day of summer school

Breakfast served daily with a variety of cold cereal, milk, 100% juice, toast, and fruit.
Cold sandwiches available each day as an alternative entrée for lunch.
Fresh fruit and vegetables are offered daily. Whole grain white bread and buns are offered.

Monday	Tuesday	Wednesday	Thursday	Friday
* Menu subject to change		1 Grab-n-Go salad or pizzaroni, whole kernel corn, pineapple, bread, milk	2 Grab-n-Go salad or ham and cheese on a bun, tri taters, baked beans, pears, milk	3 Soft shell tacos with toppings, sour cream, shredded lettuce, fruit cocktail, carrots, milk
6 Chicken nuggets, buttered noodles, baked beans, pears, milk	7 Brunch for lunch: omelet, hash browns, pancakes, fresh fruit, orange juice, milk	8 Basket for lunch: ham, turkey, and cheese sub, fresh vegetables, apple sauce cup, ice cream cup, milk	9 Mini corn dogs, seasoned rice, carrots, pineapple chunks, milk	10 Mozzarella pizza dippers with marinara sauce, lettuce salad, strawberries, milk
13 Grab-n-Go salad or cheeseburger on a bun, tri taters, baked beans, pears, milk	14 Grab-n-Go salad or chicken and gravy over mashed potatoes, peas, cranberry sauce, bread, milk	15 Spaghetti with meat sauce, lettuce salad, peaches, garlic bread, milk	16 Grab-n-Go salad or burritos with trimmings, whole kernel corn, sour cream, apple juice, milk	17 Grab-n-Go salad or chicken fajitas with toppings, sour cream, shredded lettuce, carrots, pineapple, milk
20 Grab-n-Go salad or grilled chicken breast, mashed potatoes, gravy, broccoli with cheese, pears, bread, milk	21 French toast sticks, sausage, hash browns, fruit, apple juice, milk	22 Grab-n-Go salad or tomato soup, grilled cheese sandwich, peas, applesauce, milk	23 Chicken patty on a bun, lettuce salad, baked beans, peaches, milk	24 Grab-n-Go salad or BBQ on a bun, tri taters, carrots, mandarin oranges, ice cream bar, milk
27 Memorial Day No School	28 Mini corn dogs, French fries, green beans, peaches, milk	29 Nachos with meat and cheese, sour cream, apple juice, Wisconsin blend vegetables, milk	30 Hot dog on a bun, baked beans, mixed vegetables, mandarin oranges, milk	31 Grab-n-Go salad or cheeseburger, carrots, baked beans, pears, milk

Lunch prices: Elementary — \$1.95 per day, \$9.75 per week, \$42.90 for May
Middle/High School — \$2.25 per day, \$11.25 per week, \$49.50 for May

Parents/Guardians — Please remember, money is needed in the lunch account before purchases are made. If your account has a negative \$20 balance, please send money or a cold lunch. Your child may not be allowed to eat hot lunch. No a la carte purchases will be allowed.

Elementary/Middle School News

Happy Spring (although it's not feeling very "spring-like" yet)! Hopefully, we'll have some sunshine and nice weather right around the corner.



The week of April 15-19 was designated as Severe Weather Awareness Week throughout the state of Wisconsin. Staff and students in Shiocton had an opportunity to practice the tornado drill procedures during this particular week. If you did not yet have an opportunity to do so, please talk about a plan of action for you and your family at home. Make sure that your children know exactly what to do if they end up being home alone when severe weather arises.

During the week of May 6-10, we will celebrate **Staff Appreciation Week** to honor the wonderful staff members within the Shiocton School District. During this special week, I will be drawing names for prizes. It's not too late to help me out. If you would like to donate items (gift cards, gift certificates, gas cards, baskets of goodies, etc.) to be given away, please send them to the office anytime during the first week of May. Also, this would be a great time for you to have your child sit down and write a note to a few special staff members (teachers, paraprofessionals, kitchen workers, custodians, administrators, bus drivers, etc.). Trust me when I say that notes from the heart are the absolute best gifts that can be given! ☺



Requests for 2013-14: In May, we will begin to look at classroom assignments for next year. The teachers and I work very hard to place students with teachers we feel will be good matches for them. In rare situations where there is a true educational need, a parent/guardian may wish to make a request. These requests need to be submitted in writing to the principal and must include a specific reason for the request. Please submit requests to the elementary/middle school office no later than Friday, May 10. Due to the scheduling and balancing process, it will not be possible to honor requests received after this date. E-mail requests are discouraged since these often times wind up in our junk mail folders.

While it is impossible to honor all of the requests, the teachers and I will look at the requests and determine which ones we can honor while still maintaining balanced classrooms. Parental requests for special consideration will be processed in the order in which they are received with priority given to requests that have valid educational reasons supporting the placement.

As we develop the class lists, the following items will be given priority:

- Within each classroom, there needs to be an equal distribution of abilities.
- The number of boys and girls in each classroom needs to be balanced as much as possible.
- Attempts are made to separate students who do not work well together.

K4/K5 Orientation: If you have a child who will be entering K4 or K5 next year, please remember that there are orientation sessions coming up on Friday, May 17, and Friday, May 24. If you have not already registered for one of the sessions, please call the office at (920) 986-3351 ext. 721 to do so as soon as possible.



K4/K5 Orientation Sessions

Friday, May 17, at 1:30 p.m.

or

Friday, May 24, at 8:45 a.m.

Contact the office at (920) 986-3351 ext. 721 to register for one of the sessions.

Here's to a strong finish to the 2012-13 school year! Have a great month!

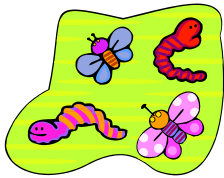
Sincerely,
Mrs. Griesbach ☺
Elementary/Middle School Principal



Spring Themes in Early Childhood

Students blew into a theme of “April showers bring May flowers,” minus the flowers! April was a great month to talk about the various types of weather spring brings. We experienced them all – snowy, cold, and rainy. We really missed the sunshiny days of spring. Students made umbrellas using bingo dabbers and shape kites with handprint tails. They used water colors to add pizzazz to their umbrellas. Students also made beautiful dandelions using Q-tips. To add some light to the classroom, students made sun paper chains.

Another great theme week was centered on the book *The Very Hungry Caterpillar* by Eric Carle. Students became familiar with the life cycle of a caterpillar through the story. They also worked on story recall by sequencing



story events on the SMART board. Students used their handprints and toepprints to make caterpillars. Butterflies were flying around our classroom – made of various media from coffee filters to tissue paper.

In May, our learning will be guided by themes of Mother’s Day, flowers, and farm animals.

Learning About Weather in K4



The four-year-old kindergarten class has been learning about spring weather. We discussed how spring can bring a little of every kind of weather, and that April is usually a rainy month (however, this year it has been snowy and rainy).

We also discussed tornados, and we practiced what to do in the event of a tornado.

The children made beautiful umbrella people to decorate the hallway. We read the book *One Duck Stuck* by Phyllis Root, and then each child made his/her own duck stuck in the muck. We finished the month by making a Rainbow Book. Each child illustrated his/her own book. With the repetition of the story, the children are able to read it themselves.

It has been a busy month and we are looking forward to getting outside more to enjoy some warmer weather. We hope spring will come to stay for awhile!!

K5: Kindergartners Have Come a Long Way

What happened to our kindergartners? Many of them came to us not knowing how to get around our school building. Now they are little experts at finding their way to recess, the cafeteria, the nurse’s office, the elementary office, and various classrooms. Many came to us knowing some letters and letter sounds, but were not



reading. Now they know most, if not all, of their letters and sounds and they are reading!

Many kindergartners came to us knowing some numbers and how to count a small number of objects. Now they know how to count to 100, count objects up to 30 or more, and recognize and name numbers from 0 to 30, if not more! What happened to our kindergartners?!

We believe they may be transforming into BIG first graders! They have done such a beautiful job learning how to work and problem solve with their friends. They are so mature and have gained such confidence and independence in their kindergarten abilities. We are so proud of their many accomplishments! We believe our students’ first-grade transformation will be complete on Friday, June 7, 2013.

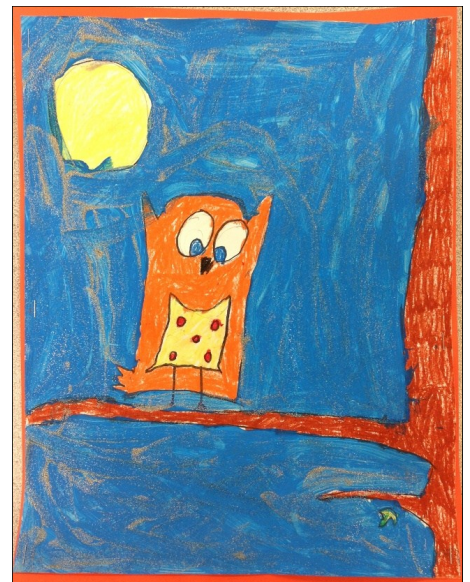
However, in order to complete this transformation, we still have much to learn and accomplish. This month we will focus on reading our sight words without much hesitation or blending, as well as continuing to read and practice our “Decodable Books” and challenge books.

We will also review all of the alphabet letters and sounds. In math, we will be working with simple addition and subtraction number sentences (problems) as well as geometry.

Themes for May are “Exploring Our Surroundings” and “Under the Ocean.” We are also planning a field trip to the NEW Zoo on Wednesday, May 29. We hope to see many parent volunteers joining us for this educational and fun-filled field trip!

We are looking forward to assisting your children in completing their transformation from kindergartners to BIG first graders.

Thank you for entrusting us with such an important and rewarding job — educating your child. Keep your eyes open for a first grader bopping around your home in the near future!



K5 Art
Owl

by Cate Fischer

Field Trip for Grade 1

As we are nearing the end of the year, our first graders are really starting to soar with the idea of practically being second graders! During this last full month of school, the students will work hard with continued practice in counting money and also with telling time. Please practice with your child at home both on analog and digital clocks. Other beneficial practice would be learning different ways of saying times (half past, quarter to...etc.).

On May 20 we will be taking our final field trip of the year —



to Xavier High School to watch the play *The Reluctant*

Dragon and then to the planetarium to see the things we learned in science about our solar system come to life. Thanks in advance to all parents who helped make this trip possible!

In addition to all that learning, we will become gardeners and plant marigolds! When these plants come home, please find a nice sunny spot for them to continue growing and being cared for over the summer.

The students' book report skills are really improving! During May, students are required to complete two written reports. They will need to write one fiction report and one non-fiction report. Watch for report forms coming home so you can help your child successfully complete his or her book reports on time (due by May 31).

With the weather warming up, Mr. Zdanovec will be having occasional gym classes outside. Please be aware of what days your child has gym, and dress them in appropriate shoes so that they are able to participate. No sandals, please.

Counselor's Corner

by Angela Hammill, K5-7 Counselor
(920) 986-3351 ext. 711 or ahammill@shiocton.k12.wi.us

April marks our school counseling theme of "Careers and Exploration" with our K5-7th grade students. Exploring and investigating careers at a young age helps children develop an awareness of what the role of work and responsibility represent. Many times children or parents will ask me, "Why do we talk about jobs at such a young age?" Allowing children to find out what their natural abilities, likes, and talents are in relation to a career is something that will enhance their learning, motivation, and sense of future!

K5-2nd grade students:

- Discussed humans' basic needs (food, shelter, water, heat)
- Talked about careers and jobs within one's own family unit
- Explored and brainstormed careers based on everyday objects
- Brainstormed skills and abilities each of them possess and careers that incorporated those skills



3rd-4th grade students:

- Discussed career options and exploration through a Career Bingo! game
- Brainstormed topics such as values, personality, and preference in relation to careers
- 3rd graders constructed their own Career Portfolio
- 4th graders developed their Learner Resumé that will accompany their Chief Chat in 5th grade

5th grade students:

Fifth grade students and their parents have been meeting with me for their "Chief Chat" that centers on career awareness, learning styles, and middle school transition. Each student identifies specific career codes based on John Holland's career inventory. In addition, students learn specifically what kind of learning style they have,

so they can apply specific study strategies based on their individual preferences so that they are academically successful into middle school and high school. Please contact me directly if you would like to schedule your child's Chief Chat and have not yet done so.

6th-7th grade students:

- WisCareer Exploration — All students have created online career portfolios. Ask your child to share with you via Internet what theirs looks like!
- Individual Education Portfolios created online
- Students discovered career codes and aligned each code with corresponding jobs online (i.e., Social Career Codes = teacher or counselor)
- In addition, Career Connections visited all middle school students and administered interactive career lessons

MAP Testing

Spring is here and with spring comes a final round of testing for students in grades 2-8. MAP testing is being administered April 29 through May 10. If at all possible, please ensure your child is in school on these days to avoid having to make up the test.



Talent Show - June 7 ☺

The 4th Annual "Have You Got Talent?" show will be Friday, June 7. The time will be announced. There will be a brief intermission. Sign-up sheets will be handed out to all students in May. A practice run-through will be held during the last week of school, TBA. Please have all props, tapes, etc., brought to school by this day. Items that will be available at school include microphone, stereo, table, chairs, music stands, and large gym mat.

Grade 2 Hopes the Snow is Gone!

April showers bring May flowers! We are glad to finally be done with SNOW (keep your fingers crossed)! The month of May brings much discussion in science about our weather and other Earth changes. Ask our second graders about tornado safety procedures. They are experts! They will also be learning some impressive vocabulary like evaporation, condensation, and precipitation! Spring is a great time to learn about this topic because of all the crazy weather that can occur.



Batter up! We will be celebrating our reading successes on June 1 with a Timber Rattler game! This is family night for Shiocton Schools and those students who met the requirements for Fang's Reading Club. Many second graders earned a free ticket and get to enjoy the game with their family and friends! Way to go, second graders!

What is the best part of you? This question was posed to some of our second graders. The following pieces of writing are just a few examples of what the students composed. If you want to read more, come visit our second grade hallway!

The Best Part of Me by Bradley Demerath

I think my head is awesome! It protects my brain so it doesn't get damaged. It holds my hair so I can make a Mohawk. It holds my mouth and people say it is cute. It holds my eyes so I can see. My head holds my mouth so I can eat. It holds my ears so I can hear. It holds my nose so I can smell flowers. It holds my face with my five senses. That's why I love my head so much!

The Best Part of Me by Fox Harrigan

My hair is amazing. It is a beautiful strawberry-blond color. I curl it around my finger when I get bored. I donate my hair to people that have cancer. I love my hair!

The Best Part of Me by Brady Morack

My arms are cool. They help me reach higher. They make me stronger. They help me hold a football. I'm in love with my arms.



The Best Part of Me by Collin Garsow

My legs are cool. My legs help me jump. They are fat. They are good for pitching. I love my legs!

The Best Part of Me by Logan Arneson

My eyes are amazing. They look like the ocean at night. People say they are mesmerizing. They help me see. They are nice.

The Best Part of Me by Caden Winter

The best part of me is my feet. They're strong. I need feet because without them I would have to stand on my knees. I like my feet. They are just the right size. That's why I like my feet.



Grade 2 G/T Art — Saddleback Butterfly Fish (left to right: Colten Schuh, Autumn Lorenz, Kendal Stingle, Eve Suprise, and Owen Streblow)

Grade 3: Fun-Filled Days

Thank you to all the parents who are going on our field trip to Navarino Nature Center. We always have fun when we get to study ponds and wetlands, and learn survival skills.

Your child will be given the opportunity to participate in the MAP (Measures of Academic Progress) test again. This is a chance for the students to showcase their knowledge in language arts, reading, and math. The test is given twice a year, and we are able to see improvements the students have made since the fall.



We have been practicing our cursive writing skills by completing some of our assignments in

cursive. With more practice, we will become faster writers. Keep practicing; don't give up!!

As the weather gets nicer and nicer it's easy to forget about keeping up with reading minutes. Just a reminder that students need to read 3500 minutes by May 24 to participate in a pizza party. If you are unsure whether or not your child has achieved this goal, please contact his/her teacher to find out.

Students have one last book project to complete by May 24. Your child will need to read a mystery book and make a poster about the book. The poster should include the title, author, and a summary of the mystery.

We cannot believe fourth quarter is here. Where did time go? Remember to continue working hard, 3rd graders, and finish strong!

Grade 4 Art

4
Seasons
Tree
by
Hudson
Spencer



Grade 4 Keeps Busy

The end of the school year will be busy, busy, busy! We finish off the month of April with a visit from the 2013 Alice in Dairyland, Karen Doster. She will be at our school to present *Growing a Healthy Wisconsin* to our students.

In the middle of May we will be going to Madison. Students, teachers, and quite a few parents will be touring our Capitol and Henry Vilas Zoo. We have been learning as much as we can about Wisconsin, and we are all very excited to be taking this field trip.

We also have a day in May when we get to show our athletic abilities. On Tuesday, May 21, the fourth graders will be involved in Track and Field Day. They'll be competing against other students in fourth, fifth, and sixth grades in various track and field events. It is a fun-filled, energetic morning.

A trip or two to our school prairie will help us to learn about our fourth grade prairie plant, the black-eyed susan, and our prairie animal, the locust grasshopper.

Track and Field Day for Grades 4-6 will be on Tuesday, May 21. The rain date is Thursday, May 23. Parents are welcome, and we are looking for volunteers who want to help out. Thanks.



Eugene Zdanovec

SPICE: Thanks for a Great Year!

by Steve Parker, SPICE Chairman

National Teacher Appreciation Week is May 6-10. Please take time to tell a Shiocton School District staff member how much they are appreciated. Whether it be your child's teacher or principal, a paraprofessional, secretary, bus driver, or custodian, every staff member deserves a heartfelt thank you for the commitment given to our school. SPICE also wishes to acknowledge each Shiocton School District staff member for his or her hard work and dedication! Thank you.

SPICE will be offering the Tool Box again to give you the opportunity to provide supplies for your children for the 2013-14 school year. Please watch for the ordering information before the end of the school year.

SPICE will be manning a refreshment table during the districtwide *Spring for Shiocton* track event on May 3. We will need people to staff the table and hand out drinks throughout the day. Please contact me at 757-8871 or sjparker92@gmail.com if interested in helping with this event.

We will be wrapping up our meetings for this school year in May and will begin meeting again in August. There is always a space for you on the SPICE board. If you would be interested in knowing more about SPICE, please attend the meeting in May or watch for the meeting date in September. SPICE opportunities are quite varied and only require a few hours of your time a month. We'd love to have YOU on our team!

Our next meeting is Wednesday, May 8, at 6:15 p.m. at the River Rail. We hope to see you there. If you are not able to attend one of our meetings, please contact me at sjparker92@gmail.com with comments or concerns.



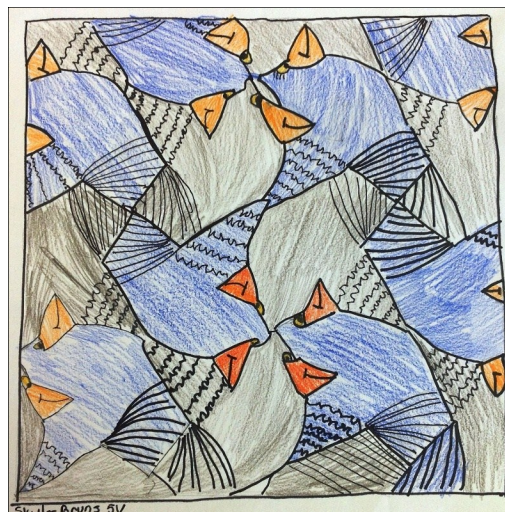
Grade 5 News: Awareness

The 5th grade students have been busy researching information for their conservation topics. Some students are raising an awareness of an invasive plant or animal, or an issue that is harming our Wisconsin environment. Many other students are researching solutions to help an endangered plant or animal in our Wisconsin wilderness. Yep, it's that time of year again. The 5th graders are busy preparing their conservation speeches. A select group of well-spoken, prepared students will be competing in the Conservation Speech contest on May 2. They are Kellyn Van Straten, Kaden Piechocki, Austin Van Den Bosch, Sky Green, River Hobbs, and Cassidey Trimmerger.

Here is a small sampling of the topics and concerns our students have been researching:

- Aly Durham: The zebra mussels are killing fish in our lakes by eating their plankton. These zebra mussels have already invaded 130 lakes in Wisconsin.
- Corbin Lorge: The gypsy moths are eating our trees!
- Sky Green: 31% of trumpeter swans die from lead poisoning.
- Cole Wilcox: The Asian carp can jump out of the water 8-12 feet. I care about the Asian carp problem because I like to go boating, and I don't want a fish knocking me out of my boat!

Environmental issues have been the topic of science class for the past few weeks. Students have been learning how to make smart choices to help live in unity with our Earth. The topic of water bottles really brought great conversation. Students were amazed that only 30% of plastic water bottles are recycled. A water bottle never biodegrades. It will eventually photodegrade, which means it will break down to tiny fragments of plastic. Scientists estimate this process will take between 500-800 years for one plastic water bottle. Because of water bottles and



Grade 5 Art

5th graders studied M.C. Escher and created tessellations. Example by Skylor Bruns at left.

plastic packaging, there is a mass of plastic waste in the Pacific Ocean. This mass is twice the size of Texas. A million seabirds and a hundred thousand marine mammals and sea turtles die each year since they ingest this plastic.

Again, AWARENESS is the key. The 5th grade students realize the decisions they make can impact our Earth. Students had the option to sign a pledge. The pledge stated, "I will not buy or drink from a plastic bottle for one week." By signing this pledge, students really became aware of the choices they make every day. Here are a few comments from some of the students who signed the pledge:

- Kellyn Van Straten: I made it. I was at my grandma's and she asked me if I wanted a bottle of water. I said, "No, I'll just take a glass."
- Mikayla Henry: I survived the plastic bottle challenge. It was hard at moments because my mom drank bottled water right in front of me.



- Abbie Hanks: I made it through the weeklong pledge. It was so hard not to drink a SoBe.
- Litzy Padilla: I did not drink out of plastic bottles. My uncle bought me a soda, but I didn't take it.

5th Grade Boys Basketball

The 5th grade boys took third place at the Wisconsin State Invitational Basketball Tournament held April 6-7 in Appleton. Congratulations on a great season!

Back Row: Coach Jeremy Bedor, Ben Weso, Derek Bedor, Austin Van Den Bosch, Corbin Lorge, Sandy Schmidt Jr., Coach Dave Van Den Bosch.

Front row: Trevor Reif, Deven Bedor, Cole Wilcox, Trey Van Straten.

News from the Nurse — Exercise and Physical Fitness

by Rebecca Ecker, RN

There are 1,440 minutes in every day. Schedule 30 of them for physical activity!

Regular exercise is a critical part of staying healthy. People who are active live longer and feel better. Exercise can help you maintain a healthy weight. It can delay or prevent diabetes, some cancers, and heart problems.

Most adults need at least 30 minutes of moderate physical activity at least five days per week. Examples include walking briskly, mowing the lawn, dancing, swimming for recreation, or bicycling. Stretching and weight training can also strengthen your body and improve your fitness level.

The key is to find the right exercise for you. If it is fun, you are more likely to stay motivated. You may want to walk with a friend, join a class, or plan a group bike ride. If you've been inactive for a while, use a sensible approach and start out slowly.

Check out these specific ways exercise can improve your life.



and the easier it is to keep your weight under control.

You don't even need to set aside major chunks of time for working out. Take the stairs instead of the elevator. Walk during your lunch break. Do jumping jacks during commercials. Better yet, turn off the TV, and take a brisk walk. Dedicated workouts are great, but physical activity you accumulate throughout the day helps you burn calories, too.

1. **Exercise improves your mood.**

Need to blow off some steam after a stressful day? A workout at the gym or a brisk 30-minute walk can help you calm down. Physical activity stimulates various brain chemicals that may leave you feeling happier and more relaxed than you were before you worked out. You'll also look better and feel better when you exercise regularly, which can boost your confidence and improve your self-esteem. Regular physical activity can even help prevent depression.

2. **Exercise combats chronic diseases.**

Worried about heart disease? Hoping to prevent osteoporosis? Physical activity might be the ticket. Regular physical activity can help you prevent — or manage — high blood pressure. Your cholesterol will benefit, too. Regular physical activity boosts high-density lipoprotein (HDL), or "good" cholesterol while decreasing triglycerides. This one-two punch keeps your blood flowing smoothly by lowering the buildup of plaques in your arteries. And there's more. Regular physical activity can help you prevent type 2 diabetes, osteoporosis, and certain types of cancer.

3. **Exercise helps you manage your weight.**

Want to drop those excess pounds? Trade some couch time for walking or other physical activities. This one's a no-brainer. When you engage in physical activity, you burn calories. The more intense the activity, the more calories you burn —

4. **Exercise boosts your energy level.**

Winded by grocery shopping or household chores? Don't throw in the towel. Regular physical activity can leave you breathing easier. Physical activity delivers oxygen and nutrients to your tissues. In fact, regular physical activity helps your entire cardiovascular system — the circulation of blood through your heart and blood vessels — work more efficiently. When your heart and lungs work more efficiently, you'll have more energy to do the things you enjoy.

5. **Exercise promotes better sleep.**

Struggling to fall asleep? Or stay asleep? It might help to boost your physical activity during the day. A good night's sleep can improve your concentration, productivity, and mood. And you guessed it — physical activity is sometimes the key to better sleep. Regular physical activity can help you fall asleep faster and deepen your sleep. There's a caveat, however. If you exercise too close to bedtime, you may be too energized to fall asleep. If you're having trouble sleeping, you might want to exercise earlier in the day.


6. **Exercise can be — gasp — fun!**

Wondering what to do on a Saturday afternoon? Looking for an activity that suits the entire family? Get physical! Physical activity doesn't have to be drudgery. Take a dancing class. Check out a local climbing wall or hiking trail. Push your kids on the swings or climb with them on the jungle gym. Plan a neighborhood kickball or touch football game. Find a physical activity you enjoy, and go for it. If you get bored, try something new. If you're moving, it counts! Want to feel better, have more energy, and perhaps even live longer? Look no further than old-fashioned exercise. The merits of regular physical activity are hard to ignore. Start reaping the benefits today!

Source: Centers for Disease Control and Prevention and Mayo Clinic

THE UPBEAT!

THE OFFICIAL NEWSLETTER FOR SHIOCTON MUSIC



MAY 2013
VOLUME 8, ISSUE 9

SHIOCTON SHOWCASE 2013: OUT OF THIS WORLD

As we wrap up the school year, we'd like to celebrate the year on the lighter side with music from the sci fi, fantasy, and fiction genres. The music department proudly presents *OUT OF THIS WORLD*. Featuring the high school band, high school choir, jazz choir, featured soloists, and special ensembles, the *Shiocton Showcase* is sure to be a hit. Join us in the high school gym on **Friday, May 10, at 7:00 p.m.**

BAND AND CHOIR PERFORM FOR ELEMENTARY/MIDDLE SCHOOL

The beginning band, middle school bands, middle school choirs, and jazz band will perform a concert on **Tuesday, May 14, at 1:45 p.m.** for a gym-full of elementary kids. This concert is during the school day but open to the public. Parents are more than welcome to attend. The concert will feature fun, lighter music to end the year with. We hope you will join us!

CHOIR SINGS NATIONAL ANTHEM AT TIMBER RATTLERS GAME!

On **Thursday, May 16**, the middle school choirs (grades 6-8) will head to Time Warner Field in Appleton where they will open the Timber Rattlers game singing the national anthem! Students will be excused from classes from 10:30 a.m.-2:30 p.m. We will return in time for track students to leave for their meet that afternoon. Students will wear their trip T-shirts.

SHIOCTON SHOWCASE

Friday, May 10
HS Gym
7:00 p.m.
9-12 BAND and CHOIR

MS In-SCHOOL ASSEMBLY CONCERT

Tuesday, May 14
HS Gym
1:45 p.m.
5-8 BAND, 6-8 CHOIR

MS CHOIR TIMBER RATTLER TRIP

Thursday, May 16
10:30 a.m.-2:30 p.m.
Time Warner Field
6-8 CHOIR

MEMORIAL DAY CEREMONY

Monday, May 27
Bovina Cemetery
10:30 a.m.
7-12 BAND

HS GRADUATION CEREMONY

Sunday, June 2
1:00 p.m.
HS Gym
7-11 BAND, HS CHOIR

UPCOMING MUSIC EVENTS

SUMMER JAM CAMPS RETURN TO SHIOCTON!

We are fortunate to offer quality music camps over the summer! Time is so short during the school year when students have other classwork, sports, and activities going on. Camps are a great way to get focused musical study in a fun environment without so many distractions. Watch for dates in the June issue of *The Link* or check our Facebook page within the next couple of weeks!

JAMMIN' with JAZZ LEVEL ONE

An intro to jazz playing, style, theory, and improv
1 YEAR BAND EXPERIENCE (GR. 6-7)

JAMMIN' with the BASICS LEVEL TWO

A review of music terms, symbols, & concepts with games/fun activities
1-2 YEARS BAND/PIANO EXPERIENCE

JAMMIN' on the FIELD

Learn music and drill for Homecoming halftime field performance
REQUIRED OF ALL BAND STUDENTS (GR. 7-12)!!

JAMMIN' with the BASICS LEVEL ONE

An intro to music terms, symbols, & concepts with games/fun activities
REQUIRED OF ALL BEGINNING BAND STUDENTS (GR. 5)!!
NEW CHOIR/PIANO STUDENTS

JAMMIN' with JAZZ LEVEL TWO

A study in jazz playing, style, theory, and improv
3 YEARS BAND EXPERIENCE (GR. 7-12)

SUMMER SCHEDULE

www.shiocton.k12.wi.us/upbeat.cfm • facebook.com/shioctonband • [facebook.com \("Shiocton Choir Shiocton"\)](https://facebook.com/ShioctonChoirShiocton)

SHIOCTON MUSIC

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TELL US ABOUT SHIOCTON SCHOOLS

We want to make sure that we are a family-friendly school. Please help us understand how we are doing and where we might improve by filling out the following survey. Please return the completed survey to any school office by Friday, May 17.

	Strongly Disagree	Disagree	Neutral	Agree	Strongly Agree
INITIAL IMPRESSION:					
School staff members:					
... are welcoming and responsive when I visit					
... are welcoming and responsive when I call					
... have positive attitudes and enjoy working at Shiocton					
COMMUNICATION:					
My child's school keeps me well informed about:					
... how my child is doing in school					
... what my child is learning in school					
... how I can help my child at home					
... school policies and procedures					
... school activities and events					
... the SPICE organization and activities					
... when volunteer help is needed at the school					
I do or would, if available, rely on the following means of communication:					
... Newsletters, <i>The Link</i>					
... Website					
... E-mail					
... Skyward Family Access					
... Phone					
RESPONSIVENESS:					
At my child's school I feel listened to					
When I contact the school, staff members are courteous and responsive					
When I have needed to leave a message, a phone call has been returned promptly					
Problems related to my child are addressed quickly and fairly					
I feel a part of the school family and appreciated for things I've done to help the school					

The following space is provided for you to share any comments you have about Shiocton Schools. Please let us know what areas you feel we could improve upon in our effort to become a more family-friendly school. Also, please indicate if someone has gone above and beyond in making your visit or your child's experience excellent.

Name (optional): _____

Thank you. Your time and efforts will help improve our school.